

		l	m	x	j	v	s	d
08:15 - 09:15	Sala 2	YOGA						
09:30 - 10:30	Sala 2			YOGA				
14:00 - 14:45	Sala 2		YOGA	PILATES				
14:15 - 15:00	Sala 2	PILATES						
14:45 - 15:30	Sala 2		PILATES					
15:00 - 15:45	Sala 2	YOGA						
17:30 - 18:15	Sala 2		PILATES(R)			PILATES		
17:45 - 18:30	Sala 2	YOGA (R)						
18:00 - 18:45	Sala 2			PILATES				
18:15 - 19:00	Sala 2		YOGA (R)					
18:30 - 19:15	Sala 2	PILATES(R)			PILATES(R)	YOGA		
18:45 - 19:30	Sala 2			CORRECCION POSTURAL (R)				
19:00 - 19:45	Sala 2		PILATES(R)					
19:15 - 20:00	Sala 2				YOGA (R)			
19:30 - 20:15	Sala 2	CORRECCION POSTURAL (R)		CARDIO HIIT				
20:00 - 20:45	Sala 2		CARDIO HIIT					
20:15 - 21:00	Sala 2	YOGA (R)		YOGA (R)				