

		dl	dt	dc	dj	dv	db	dg
07:15 - 07:30	Xpress	RADIKAL				RADIKAL		
07:15 - 08:00	Cycling		CYCLING		CYCLING			
07:15 - 08:15	VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL		
08:15 - 08:30	Xpress	FREE FIT			RADIKAL			
08:15 - 09:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
09:15 - 09:30	Xpress			RADIKAL				
09:15 - 10:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
09:30 - 10:30	Sala 1		ZUMBA					
09:45 - 10:45	Sala 1					BODY COMBAT		
10:15 - 10:30	Xpress						RADIKAL	
10:15 - 11:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
10:30 - 10:45	Xpress			FREE FIT				
11:00 - 12:00	Sala 1			ZUMBA			BODY COMBAT	
11:15 - 11:30	Xpress						FREE FIT	RADIKAL
11:15 - 12:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
12:00 - 12:15	Xpress		FREE FIT		RADIKAL			
12:15 - 13:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
12:45 - 13:45	Sala 1	ZUMBA						
13:15 - 14:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
14:00 - 14:15	Xpress		RADIKAL		RADIKAL			
14:15 - 15:00	Sala 1			ZUMBA	BODY COMBAT			
14:15 - 15:00	Cycling	CYCLING						
14:15 - 15:15	VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
15:00 - 15:15	Xpress		FREE FIT			FREE FIT		
15:15 - 16:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
16:15 - 17:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
17:15 - 18:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
17:30 - 18:15	Sala 1				CARDIO HIIT			
17:45 - 18:30	Sala 1		ZUMBA					
18:00 - 18:15	Xpress		RADIKAL			RADIKAL		
18:15 - 18:30	Xpress						RADIKAL	
18:15 - 19:00	Sala 1	BODY COMBAT		BODY COMBAT				
18:15 - 19:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
19:00 - 19:15	Xpress		FREE FIT	RADIKAL				
19:00 - 19:45	Cycling	CYCLING		CYCLING				
19:15 - 20:00	Sala 1		BODY COMBAT		BODY COMBAT			
19:15 - 20:00	Cycling		CYCLING					
19:15 - 20:15	VIRTUAL					CYCLING VIRTUAL		

19:30 - 20:15	Sala 2			CARDIO HIIT				
	Cycling				CYCLING			
19:30 - 20:30	OUTDOOR		RUNNERS					
20:00 - 20:15	Xpress	RADIKAL			RADIKAL			
20:00 - 20:45	Sala 1	ZUMBA		ZUMBA	ZUMBA			
	Cycling	CYCLING		CYCLING				
	Sala 2		CARDIO HIIT					
20:15 - 21:15	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL			
20:45 - 21:00	Xpress			FREE FIT				
21:00 - 21:45	Sala 1		ZUMBA					
21:15 - 22:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL			